# Exercise 5a overview and instructions

Summary:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Content covered** | **ref** | **Delivery method** | **Estimated time** | **Linked learning objectives** |
| Present possibilities for LA action Local authority levers and opportunities – where is its influence, where can it act | 5a | A presentation to cover   * Frameworks for action (ASH/AHA/OHA cross risk factor framework, Lancet framework, Health Foundation framework) * Annotated frameworks in which brief examples are given for each domain OR interactive presentation with attendees calling out examples | 5-20 minutes | L4, L5 |
|  |  | A possibilities board can be created and added to throughout the session (eg when deconstructing the case studies),  At the start, set up frameworks for action (such as the [Public Health Playbook](https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(22)00185-1/fulltext) and [CDoH Future Directions panel](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(23)00011-9/fulltext)), [typology of local authority interaction with harmful commodity industries](https://gh.bmj.com/content/8/1/e010216) and case studies of successful actions that are locally relevant) and these could be added to and annotated to show what the participants think could be done locally | n/a – used throughout other exercises | L4, L5, L6 |

## **What do you need for this section?**

* Slide set – there is a set of slides with integrated speaking notes and references – you can choose to do a longer and more in-depth presentation or a shorter version (see: CDoH Essentials Section 5a ii slides).
* Speaking notes (integrated into the slide-set) – you need to work out which of the speaking notes and examples you will use
* If you are using the possibilities board, set this up with post-it notes and pens for people to add to
* It is possible to cover the material in 5 minutes if
  + you do it without any interaction or questions
  + you simply introduce the frameworks without going through to explain each dimension or giving any of the illustrative examples
  + you practise!
* It takes about 10 minutes if you give a few illustrative examples from one framework
* It takes about 20 minutes if you pause to ask for suggested examples from the participants or cover both frameworks.

Key tips from the trials:

* make sure you practise so you can keep to time
* choose which examples to use and amend your speaking notes accordingly
* get confident by doing your own CPD