



# ADPH NE GAMBLING HARMS PROGRAMME

## Bi-monthly Newsletter

*Welcome to the North East Gambling-Related Harms programme newsletter. We are working to develop a regional approach to tackle the harm caused by gambling across our region.*

*Great work is happening within our local authorities, examples include steering groups being set up, health needs assessments underway or near completion, engaging with wider stakeholders to run workshops on gambling harms. Contributions from the North East Gambling Harms network to the Gambling Commission consultation on Licence Conditions and Codes of Practice and Remote Gambling and Software Technical Standards have contributed to the positive changes linked below to boost safety and consumer choice. Thank you to all who responded!*

## Research Corner\*

The efficacy of psychosocial interventions in minimising the harm caused to affected others of problem gambling:

A systematic review and meta-analysis - [Click here](#)

Responsible gambling and mental health: Topics for an integrated strategy in prevention and harm reduction of behavioural addictions - [Click here](#)

The efficacy of a web-based gambling intervention programme for high school students: A preliminary randomised study - [Click here](#)

Gambling disorder in minority ethnic groups - [Click here](#)

Edging your bets: advantage play, gambling, crime and victimisation - [Click here](#)

\*These articles have been checked for any conflicts of interest or industry funding. None were identified.

## New rules boosting safety and consumer choice

The Gambling Commission have announced changes to increase safety and customer choice. Changes include the option to 'opt-in' to direct marketing, rather than automatically receiving it and strengthening age verification in premises to anyone who appears under 25 rather than under 21. Financial risk checks will also be

## FOLD 'EM PODCAST

[Gambling Support](#) in British Columbia, Canada, have a podcast discussing gambling harms, covering a range of topics with insight from professionals and those with lived experience. Find out more [here](#).

## WHY SLOTS ARE ADDICTIVE DOCUMENTARY

Check out this fascinating documentary about how slot machines are designed to be addictive, with insight on the psychology and programming that make these machines so harmful. Watch [here](#).

## ONLINE EVENTS

GamFam are running an information and awareness session on Gambling Related Harms and their impact on health and wellbeing. Taking place on 8th July, 1-2:30pm. [Click here to book a free ticket.](#)

implemented in August 2024. Changes to game design are also taking place to reduce intensity with examples including, casino game spin speeds of less than 5 seconds being banned and features that speed up games that give the illusion of control are also being banned. Find out more about the changes [here](#) and [here](#).

## GamLEARN

[GamLEARN](#) are a lived experience network for people that have been impacted directly or indirectly from gambling related harm. They are a member focused charity, providing members with opportunities to obtain learning and accredited training. They also offer a support service for individuals facing the criminal justice system as a result of gambling. Additionally, they run monthly online meet-ups for their members. These online meet-ups are a great example of support that you can signpost to for both those directly impacted by gambling and affected others. Find out more [here](#).

## New campaign launches in Greater Manchester

The partnership between Gambling With Lives and Greater Manchester Combined Authority includes a public advertising campaign, online hub and training for professionals. This campaign will run until the 12th July. To support this campaign in the North East download the [Social Media Toolkit here](#).

For more information on Chapter One visit the website [www.chapter-one.org](http://www.chapter-one.org) or to chat to the team email [hello@chapter-one.org](mailto:hello@chapter-one.org).

## PUBLICATIONS TO SHARE

OHID Gambling treatment need and support in England: [main findings and methodology](#)

NICE draft guidelines on [Harmful Gambling](#)

LGA Tackling gambling related harm: [A whole council approach](#)

Gambling Commission [Young People and Gambling report](#)

London [Health Committee Gambling report](#)

Birmingham City Council [Harmful Gambling & Tenancy Security Report & Intervention Framework](#)



## GET IN TOUCH

Thank you for supporting and working towards reducing Gambling-Related Harms in our region!

If you would like us to include anything else in our next newsletter, please email the Gambling Harm Reduction office: [GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk)

For more information about the North East Gambling Harms Programme [click here](#).