



# ADPH NE GAMBLING HARMS PROGRAMME

## Bi-monthly Newsletter

**Welcome to the North East Gambling-Related Harms programme newsletter. We are working to develop a regional approach to tackle the harm caused by gambling across our region.**

**Since the last newsletter, we have submitted multiple responses as a region to consultations run by the Gambling Commission on socially responsible incentives and customer-led tools. Additionally, the Make Every Contact Count (MECC) webpage has been updated for gambling harms to include additional support services. Our first pilot is also beginning with Newcastle University on a gambling harms wellbeing module, with hopes that learning from this can be shared with other education hubs in the North East. Great work is happening within our local authorities too, examples include health needs assessments underway or near completion, engaging with wider stakeholders to run workshops on gambling harms and rolling out surveys to improve our local data and knowledge on gambling harms in our communities.**

## Research Corner\*

**A systematic review of psychosocial risks for gambling and problem gambling in the Nordic countries from 2020 - [Click here](#)**

**Problem gambling within the context of poverty: A scoping review - [Click here](#)**

**Gambling related harm as reported by concerned significant others: A systematic review and meta synthesis of empirical studies - [Click here](#)**

**Preventive Gambling programs for adolescents and young adults: A systematic review - [Click here](#)**

**Perception of Gamblers: A systematic review - [Click here](#)**

**A review of gambling disorder and substance use disorders - [Click here](#)**

\*These articles have been checked for any conflicts of interest or industry funding. None were identified.

## TO WATCH

**Check out this documentary One Last Spin made in association with Glasgow City Gambling Harms. Covering both lived experience examples and insight from those working to create change on gambling harms in Scotland.**

**This interview with Patrick Foster tells how his gambling addiction began in a betting shop in Durham, leading to catastrophic consequences.**

## LANGUAGE GUIDE FOR GAMBLING HARM

**Please find the newly launched Words can Hurt Language Guide for Gambling Harms available [here](#).**

# Lived Experience Network

We are also working to create a virtual lived experience network for gambling harms in the North East. If you know anyone who has been impacted by gambling harms, either themselves directly or as an affected other, and they may be interested in joining this network, please contact: [GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk).

## In the media

Pressure to ban gambling adverts on London Tube, [Click here](#)

Video game firms have broken industry rules on loot boxes. [Click here](#)

Social media gambling ads luring young people into gambling. [Click here](#)

How might AI impact gambling? [Click here](#)

## MECC Gambling Harms page updated

We have worked with MECC North East and North Cumbria to update their page and resources on Gambling Harms. [Here you will find](#) guidance on conversation starters about Gambling Harm, find guidance on tools such as self exclusion from land based and online gambling sites. You will also find information and links to all treatment and support services that are accessible in the North East. If you come across any other services that support those experiencing gambling harms that we have not captured on here, please feel free to reach out and email [GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk).

## ADPH NE website

Take a look at the new [ADPH NE website](#) for our Gambling Harms Programme. We'll be keeping this up to date as soon as resources are published. Do keep your eyes peeled as it develops.

You can use this guide to double check language choices on your websites, documents and communications. If you have any feedback on the guide or examples where you have used it, please do get in touch with us.

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## GAMBLING HARMS SLIDE DECK & PRACTICAL GUIDE FOR LOCAL AUTHORITIES

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You can now find our [Gambling Harms slide deck](#) on the ADPH NE website. This is a resource that can be used for training or presentations. This is designed for you to be able to pick and choose which slides are applicable to your audience and covers the scopes of harms and where you can access support in the North East. Additionally, you can find our [practical guide to tackling gambling harms](#) in your local authority on the ADPH NE website too.

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## HEALTH NEEDS ASSESSMENTS FROM THE REGION

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Please see these great examples of gambling harms health needs assessments in the North East:

[Gambling-related harms in Sunderland](#)

[North Tyneside Joint Strategic Needs Assessment Gambling](#)

# NECA Treatment Provider

NECA Gambling Services provide free, confidential advice and support for individuals affected by gambling related harms in the North East. Support is tailored to the individual's needs throughout their recovery journey, with opportunities for one to one and group support. NECA will work in partnership with local services and facilitate referrals, where appropriate, to best meet the needs of the individual. Appointments are available face to face across a range of locations in the region, virtually and via telephone. Referrals can be made by professionals or those affected by gambling related harms via several referral routes.

You can contact the NECA Gambling Hub on 0191 562 3309 or access referral forms [here](#). Once a referral is received, a member of the team will be in touch within 48 hours to discuss tailored support options. NECA also provide free awareness training for local services and businesses, to raise awareness of gambling related harms and referral pathways. Organisations and Individuals can sign up to become a Gambling Related Harms Champion within their local communities. Find out more [here](#).

## International online events

The Youth Gambling Awareness Programme is a free service funded by the Government of Ontario offering educational prevention programs. Check out their free online webinar on gambling harms and stigma taking place on the 8th of May at 5pm GMT. [Sign up here](#).

## PUBLICATIONS TO SHARE

OHID Gambling treatment need and support in England: [main findings and methodology](#)

NICE draft guidelines on [Harmful Gambling](#)

LGA Tackling gambling related harm: [A whole council approach](#)

Gambling Commission [Young People and Gambling report](#)

London [Health Committee Gambling report](#)

## GET IN TOUCH

Thank you for supporting and working towards reducing Gambling-Related Harms in our region!

If you would like us to include anything else in our next newsletter, please email the Gambling Harm Reduction office: [GHR@middlesbrough.gov.uk](mailto:GHR@middlesbrough.gov.uk)

For more information about the North East Gambling Harms Programme [click here](#).