

**Remote access/face to face learning opportunities**

<p><b>NEW</b> Tuesday 16<sup>th</sup> April</p>	<p><b>Research in Palliative and End of Life Care North East (RIPEN) – showcase and celebration event</b></p> <p>Join us for a celebration of research and collaboration at The Boiler House, Newcastle University, located in the heart of Newcastle upon Tyne. At RIPEN, we bring together researchers, professionals, and individuals passionate about palliative and end-of-life care.</p> <p>This event will showcase some of the latest research and provide an opportunity to exchange ideas, connect with like minded individuals and hear from expert speakers.</p>	<p>10.00-15.30 BST</p> <p>The Boiler House, Newcastle University, NE1 7RU</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who should attend:</b> Whether you are a researcher, healthcare professional, caregiver, or simply interested in this important field, RIPEN welcomes you. Expand your knowledge, share experiences, and explore innovative approaches to provide the best possible care for those nearing the end of life.</p>
<p><b>NEW</b> Tuesday 16<sup>th</sup> and Wednesday 17<sup>th</sup> April</p>	<p><b>Digitalisation training for service leaders and managers in Public Health</b></p> <p>Join us for a free two-day online training to find out more about:</p> <ul style="list-style-type: none"> <li>• What it takes to be a digital leader in Public Health</li> <li>• How to lay the foundations for the successful use of digital, data and technology</li> <li>• How other councils are using technology and data to save money and improve outcomes</li> <li>• Digital and data risks – what to consider – and how to manage them</li> <li>• What to think about when commissioning digital services, and how to encourage innovation</li> </ul>	<p>9.30-16.00 BST</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p> <p><b>Who should attend:</b> Assistant Directors, Heads of Service and Senior Managers in Public Health Public Health commissioners</p>

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<p><b>NEW</b> Monday 22<sup>nd</sup> April</p>	<p><b>Expert-led webinar series: ‘What are the key considerations for effective and integrated Work and Health services?’</b></p> <p>The Government is committed to supporting disabled people and people with health conditions to start, stay and succeed in work. Work is good for people’s health. It benefits individuals, families, communities, and the wider economy.</p> <p>This webinar series is for all those who have a role in planning and delivering integrated work and health services, including Integrated Care Boards, Primary Care, Local Authorities, Job Centre Plus, policy-makers and others with an interest in this field.</p> <p>Thanks go out to the Society for Occupational Medicine (SOM) for kindly organising the events in partnership with the DWP and DHSC Joint Work and Health Directorate.</p> <p><b>Work and Health services 1 – key considerations.</b></p> <p>Chair – Jean King: Deputy Director – Health Division, Joint Work and Health Directorate</p> <ul style="list-style-type: none"> <li>• Models of Occupational Health and the value of low intensity biopsychosocial interventions</li> <li>• The role of Occupational Therapy and Vocational Rehabilitation</li> <li>• Different roles in a multidisciplinary team and building capability</li> </ul>	<p>14.00-15.30 BST</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Tuesday 23<sup>rd</sup> April</p>	<p><b>Dissemination of the evaluation of the Tobacco Dependency Treatment Offer for NHS staff in the North East North Cumbria</b></p> <p>This event has been convened by the Integrated Care Board (ICB) for the North East and North Cumbria</p>	<p>10.00-11.30 BST</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>

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	<p>This event aims to share findings from the North East and North Cumbria NHS Staff Tobacco Dependency Pilot, which was funded and supported by the Integrated Care Board (ICB) North East and North Cumbria.</p> <p>It will include the results from an external evaluation of the pilot, completed by a team at Newcastle University, supported by the NIHR ARC North East and North Cumbria.</p> <p>It will also hear from Trusts who have embedded a support offer for NHS staff to reduce the harm from tobacco.</p> <p>The event is jointly supported by the North East and North Cumbria Health and Care Partnership, the ICB for the North East and North Cumbria, the NIHR Applied Research Collaboration (ARC) North East and North Cumbria, and Newcastle University.</p>		<p><b>Who should attend:</b> Attendees could include but is not limited to Tobacco Commissioners, NHS Smokefree Leaders, Public Health Colleagues, Occupational Health and Wellbeing Leads and Academics.</p>
<p><b>NEW</b> Wednesday 24<sup>th</sup> April</p>	<p><b>Expert-led webinar series: ‘What are the key considerations for effective and integrated Work and Health services?’</b></p> <p><b>Work and Health services 2 – key considerations.</b></p> <p>Chair – Alexandra Fitzpatrick, Deputy Direct WorkWell, Joint Work and Health Directorate</p> <ul style="list-style-type: none"> <li>• What is a good work and health conversation?</li> <li>• What does an effective work and health assessment look like?</li> <li>• The role of Primary Care in delivering Work and Health Services</li> </ul>	<p>13.30-15.00 BST</p> <p>Online Event</p>	<p>Follow this <a href="#">link</a> to register.</p>
<p><b>NEW</b> Monday 13<sup>th</sup> May</p>	<p><b>Expert-led webinar series: ‘What are the key considerations for effective and integrated Work and Health services?’</b></p>	<p>14.00-15.30 BST</p>	<p>Follow this <a href="#">link</a> to register.</p>

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	<p><b>Work and Health services 2 – service essentials.</b></p> <p>Chair – Alexandra Fitzpatrick, Deputy Direct WorkWell, Joint Work and Health Directorate</p> <ul style="list-style-type: none"> <li>• The role of Prevention and Understanding the work and health needs of a local area</li> <li>• Effective signposting and referral pathways</li> <li>• Working with employers to help them improve their offer</li> </ul>	Online Event	
<p><b>NEW</b> Thursday 23<sup>rd</sup> May</p>	<p><b>A seminar with Professor Marian Knight, Scientific Director for NIHR Infrastructure</b></p> <p>We are delighted to welcome Professor Marian Knight, Scientific Director for NIHR Infrastructure to Newcastle University on Thursday 23<sup>rd</sup> May, when she will be giving a talk entitled: ‘The role of the Scientific Director for Research Infrastructure and my vision for the Applied Research Collaborations (ARCs).’</p> <p>Refreshments will be served in the space outside the David Shaw Lecture Theatre, from 3.30pm.</p>	<p>16.00-17.00 BST</p> <p>The David Shaw Lecture Theatre, Newcastle University Medical School</p>	Follow this <a href="#">link</a> to register.
<p>Wednesday 4<sup>th</sup> – Friday 6<sup>th</sup> September</p>	<p><b>Society for Social Medicine Annual Scientific Meeting University of Strathclyde</b></p> <p>The main points to note are that:</p> <ol style="list-style-type: none"> <li>1. The deadline for Free Place Application is Monday 4<sup>th</sup> March 2024, 23:59 (GMT).</li> </ol>	University of Strathclyde, Glasgow, UK	Follow this <a href="#">link</a> to the application form for free and subsidised places.

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	<ol style="list-style-type: none"><li>2. The free places cover conference registration, travel, and accommodation.</li><li>3. To be eligible you need to be an Society for Social Medicine &amp; Population Health (SSM) member, which you can find out about here: <a href="https://socsocmed.org.uk">Membership – Society for Social Medicine &amp; Population Health (socsocmed.org.uk)</a>.</li></ol>		
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**NEW**

**Tackling Health Inequalities (in Healthcare) University Course 2024 – in collaboration with the University of Sunderland**

There are several spaces available on the above course which was originally offered and supported via the Public Health Consultants within Trusts across the NENC. We would like to open the offer to the wider workforce to those who may be in a position to commit and undertake this excellent opportunity to learn more about tackling health inequalities and how, as healthcare providers we can help address some of the inequities we see in our day-to-day roles.

There is a very short turnaround for applications due to the increased offer, however, we can extend the deadline to **Thursday 4<sup>th</sup> April 2024**.

Please see the below flyer describing details and links to the registration forms for candidates and their Line Manager approval.

This is a fully funded university course offering 30 credits. Candidates will be expected to attend the half day sessions at the University of Sunderland every fortnight (from May to November). Employers will be required to approve time to attend and support with travel costs to/from the university. There will also be virtual sessions during the course offering supervision and project support.

This offer will be on a first come first served basis; if there are too many applicants, candidates will be added to a reserve list and slotted in if possible or held on record for the next cohort in 2025.



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Please contact [Tracy Smith](#), Workforce Development Officer, NENC ICB for more information.

### **Foundation Programme in Public Health**

The Foundation Programme in Public Health is running again for the North East and Yorkshire with sessions for level 1 and 2 scheduled to run throughout the year up until October 2024. For further details including registration, please see the link below.

This programme is designed to support the development of social care and the *wider* public health workforce in their knowledge and understanding of health inequalities and population health and your support in raising awareness of this opportunity through your networks would be appreciated.

[Foundation Programme in Public Health for North East and Yorkshire & Humber Organisations \(cloud.microsoft\)](#)

For any queries about the programme, please contact [FPPHqueries@barnsley.gov.uk](mailto:FPPHqueries@barnsley.gov.uk)

## e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services.

### **Introduction to Population Health Management module and communications assets published.**

The refresh of the Introduction to PHM eLearning module is now complete along with a suite of PHM communications assets to help systems promote local and national eLearning offers.

These assets bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework '**Know, Connect, Prevent**', a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Here are the finished links available on the Population Health Academy:

### **PHM communications assets**



### **Population Wellbeing Portal**

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

#### **Highlights:**

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

## Public Health CPD Calendar 2024

### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **33** e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing
- giving children the best start in life
- health disparities and health inequalities
- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: [www.e-lfh.org.uk/programmes/all-our-health/](http://www.e-lfh.org.uk/programmes/all-our-health/).

**Health Protection modules now available: Fundamentals of Health Protection**

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

**Key audiences** for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following [link](#) for more information.

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### Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email [sdsig@fph.org.uk](mailto:sdsig@fph.org.uk)

## Public Health CPD Calendar 2024

### FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course <a href="#">Musculoskeletal Health - Public Health Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. <a href="#">Leading with Kindness and Compassion - Health &amp; Social Care Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. <a href="#">Tackling Public Health Issues: Concepts &amp; Evidence - Online Course - FutureLearn</a>	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. <a href="#">Overcoming Imposter Syndrome - Free Online Course - FutureLearn</a>	3 weeks, 2 hours per week. Available now.

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).