# Remote access/face to face learning opportunities

NEW Thursday 7 <sup>th</sup> December	NENC ICB in collaboration with VONNE invite colleagues from across the wider ICS for Disability History Month 2023  A panel discussion where people with lived experience of disability discuss what 3 policy changes would make the biggest difference for disabled young people in our region.  The theme for 2023 is 'Children, disability and youth'.	13.00-15.00 GMT Online Event	Follow this <u>link</u> to register.
Thursday 7 <sup>th</sup> December	Tackling antimicrobial resistance - why now and what next?  This free online event will provide an opportunity to discuss why AMR matters, the impact of the UK's approach to tackling it so far, and what more needs to be done.  This event takes place in the context of the government's 20-year vision for antimicrobial resistance and ongoing work to develop the upcoming 2024–29 national action plan for AMR as the current action plan comes to an end.	12.00-13.00 GMT Online Event	Follow this <u>link</u> to register.
Wednesday 13 <sup>th</sup> December	Preventing children and young people from becoming involved in violence – Youth Endowment Fund  The Youth Endowment Fund (YEF) seeks to prevent children and young people from becoming involved in violence by identifying what works and engaging with stakeholders to put this knowledge into practice. This webinar will explore what works to support children, young people and families. It will give an overview of the YEF toolkit with a deep dive into	10.30-12.00 GMT Online Event	Follow this <u>link</u> to register.

programmes which may include sports interventions, mentoring and A&E navigators.	

# e-learning for healthcare (e-LfH)

<u>e-LfH</u> is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to <u>public health</u>. For example, the Population Health Management Programme includes:

Introduction to Population Health Management — what it is, why it's important and what you need to get started

Assessing Needs - this session describes the main stages in the process to assess needs of a population

A Practical Introduction to Population Segmentation - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

Risk Stratification - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

Introduction to Population Health Surveillance - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

<u>Public Health Ethics</u> has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

<u>Health Equity Assessment Tool (HEAT)</u> e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

## **Population Wellbeing Portal**

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a <u>Population Wellbeing Portal</u> within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

## Highlights:

- <u>Public Health Professionals</u> which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- <u>Health Inequalities</u> to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing

- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities
- healthy eating

To access the e-learning sessions visit: <a href="www.e-lfh.org.uk/programmes/all-our-health/">www.e-lfh.org.uk/programmes/all-our-health/</a>.

#### **Resources on Sustainable Development and Climate Change**

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 "knowledge" resources:

<u>K1 Principles of sustainable development</u>
<u>K5 Health benefits of action on climate change</u>

K2 Sustainable economy K6 Natural capital and ecosystem services

K3 Climate change – overview K7 Sustainable food systems

<u>K4 Health impacts of climate change</u>
<u>K8 Population stabilisation</u>

and 3 "action" resources:

A1 Reducing greenhouse gas emissions (mitigation)

A5 Health and nature

A8 Adaptation to climate change and health

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF "CPD Model Answers". <a href="https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/">https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/">https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/">https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/</a>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email <a href="mailto:sdsig@fph.org.uk">sdsig@fph.org.uk</a>

#### **FutureLearn**

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <a href="https://www.futurelearn.com/">https://www.futurelearn.com/</a> e-mail alerts can be set up to be notified of start dates and new courses. Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option. Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A	Learn about the important public health messages of how to maintain good musculoskeletal health	3 weeks, 2 hours
Public Health Approach	(MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and	per week.
	those who want to improve their own health can all learn from this course	Available now.
	Musculoskeletal Health - Public Health Course - FutureLearn	
An Introduction to Leading	Develop your understanding of how to lead with compassion and kindness within the health and	3 weeks, 2 hours
with Kindness and	social care sectors.	per week.
Compassion in Health and	Loading with Kindness and Compassion Health & Social Care Course Eutural earn	Available now.
Social Care	Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	
Tackling public health issues:	This course from the University of Liverpool will introduce key themes in public health, including	4 weeks, 2 hours
concepts and evidence	social determinants and ethical considerations, as well as public health promotion models. On	per week.
	completing the course, you'll have a holistic understanding of the aims and challenges associated	Available now.
	with promoting public health. <u>Tackling Public Health Issues: Concepts &amp; Evidence - Online Course -</u>	
	<u>FutureLearn</u>	
Overcoming Imposter	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For	3 weeks, 2 hours
Syndrome: Identify the	New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their	per week.
Patterns Undermining Your	workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	Available now.
Confidence		

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more <a href="https://example.com/here-exa