Remote access/face to face learning opportunities

NEW Monday 29th January	**Reducing rough sleeping in rural communities** This joint session by the Local Government Association (LGA) and English Rural provides an opportunity for attendees to hear directly from the LGA and English Rural on good practice themes that have emerged in reducing rough sleeping in rural areas. It is also an opportunity to hear directly from councils on interventions that they have undertaken to reduce rough sleeping in their rural communities.	14.00-15.30 GMT Online Event	Follow this link to register.
NEW Tuesday 30th January	**Demystifying health and wellbeing research and evaluation: an introductory workshop** VONNE, Cumbria CVS and the NIHR Applied Research Collaboration (ARC) NENC will be providing a free introductory workshop for VCSE organisations, focused on health and wellbeing research and evaluation; what it is, why it's important and the main approaches used in practice.	10.00-12.30 GMT Online Event	Follow this link to register. **Audience:** This is an event tailored for VCSE organisations.
NEW Tuesday 30th January	**Best practice in tackling domestic abuse and violence against women and girls.** The LGA is hosting a series of events which will focus on best practice in tackling domestic abuse and violence against women and girls (VAWG). Our first event will focus on best practice in supporting migrant victims and survivors, including	10.00-12.00 GMT Online Event	Follow this link to register.

	those with no Recourse to Public Funds (NRPF). This event will include presentations from the Home Office on the meaning and aim of no recourse to public funds and the provision and duties which exists for victims of domestic abuse who are migrant survivors.		
NEW Tuesday 30th January	**What's in store for health and care in 2024?** Our expert panel will provide insight and context into the wider health and care landscape, the challenges the sector is facing, and the big issues they want to see progress on in 2024. In the run-up to the anticipated general election, our panel will also explore how recent trends, political parties' policy proposals and future developments could affect those working in the sector, as well as people, patients and communities.	12.00-13.00 GMT Online Event	Follow this link to register.
NEW Webinar recording	**The role of planning in designing healthy places and tackling health inequalities.**	This is a **webinar recording** of the joint event that the Yorkshire and Humber Planning Healthy Places Community of Improvement held with the Royal Town and Planning Institute (RTPI) and colleagues in the North East and the North West. Over 200 people attended the event in November 2023 which included presentations from colleagues in Yorkshire and Humber.	

e-learning for healthcare (e-LfH)

e-LfH is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to public health. For example, the Population Health Management Programme includes:

Introduction to Population Health Management – what it is, why it's important and what you need to get started
Assessing Needs - this session describes the main stages in the process to assess needs of a population
A Practical Introduction to Population Segmentation - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories
Risk Stratification - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach
Introduction to Population Health Surveillance - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

Public Health Ethics has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies
Health Equity Assessment Tool (HEAT) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

Population Wellbeing Portal
Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a Population Wellbeing Portal within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- Public Health Professionals which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- Health Inequalities - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **33** e-learning sessions available for the following topics:

- adult obesity
- air pollution
- alcohol
- antimicrobial resistance
- best start in life **NEW**
- cardiovascular disease prevention
- child oral health
- childhood obesity
- climate change
- county lines exploitation
- dementia
- early adolescence
- falls and fractures
- financial wellbeing **NEW**
- giving children the best start in life
- health disparities and health inequalities

- healthy ageing
- healthy eating
- homelessness
- immunisation
- inclusion health
- mental health & wellbeing
- misuse of illicit drugs and medicines
- musculoskeletal health
- NHS health check
- physical activity
- population screening
- sexual and reproductive health and HIV
- smoking and tobacco
- social prescribing
- speech, language and communication
- vulnerabilities and Trauma-informed practice
- workplace health

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Introduction to Population Health Management module and communications assets published.

The refresh of the Introduction to PHM eLearning module is now complete and set to be re-launched early next week along with a suite of PHM communications assets to help systems promote local and national eLearning offers.

These assets bring together messaging on health inequalities, PHM, personalised care and prevention. They include a messaging framework **'Know, Connect, Prevent'**, a short explainer film **PHM: proactive, targeted healthcare for your community** and three short films showing 'what PHM means to me' as a GP, public health specialist and voluntary sector worker. There are also social media clips, infographics, screen savers and e mail signatures. The assets were co-produced with system communication and engagement leads.

Here are the finished links available on the Population Health Academy:

Introduction to Population Health Management

PHM communications assets

Health Protection modules now available: Fundamentals of Health Protection

These sessions have been developed to introduce the foundation skills required for people working within health protection teams.

It will support health protection teams to protect individuals, groups and populations from infectious disease and non infectious public health threats including radiation, chemical and environmental hazards, and manage and minimise the risk of vulnerability to public health events.

The programme includes the following sessions:

1. Introduction to health protection
2. The core principles of infectious disease transmission
3. Health protection case investigation & response
4. Core principles of infectious disease outbreak management

Key audiences for this programme are new team members working in regional health protection teams including specialist registrars and health protection practitioners.

See the following link for more information.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 "knowledge" resources:

K1 Principles of sustainable development   K5 Health benefits of action on climate change

K2 Sustainable economy   K6 Natural capital and ecosystem services

K3 Climate change – overview   K7 Sustainable food systems

K4 Health impacts of climate change   K8 Population stabilisation

and 3 "action" resources:

A1 Reducing greenhouse gas emissions (mitigation)

A5 Health and nature

A8 Adaptation to climate change and health

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF "CPD Model Answers".
https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: https://www.futurelearn.com/ e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.** Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. Tackling Public Health Issues: Concepts & Evidence - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	3 weeks, 2 hours per week. Available now.

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It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more here.