

Remote access/face to face learning opportunities

Ongoing	<p>Behind the Curtain</p> <ul style="list-style-type: none"> • What: Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga! • Why: Something we often hear from people who use our services is that ‘I haven’t used the resource since the training’ or ‘I would like to do more of it – but I just don’t have the time’. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you) 	<p>When: 45 minutes on the 2nd Thursday of every month. The next session is on Thursday 13th July 2023 @12.30-1.15pm</p>	<ul style="list-style-type: none"> • Who/How: The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: Click here to join the meeting •(by) Whom: Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge! <p>They also offer in-depth training for groups and individuals. More information can be found here: https://ukhsalibrary.koha-ptfs.co.uk/training/ and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact Michael directly</p>
NEW Tuesday 4 th July	<p>ARC NENC/Fuse Mental Health Researcher Grant Development Event</p> <p>The session will be a mixture of information sharing about future funding opportunities and support available for grant development, plus networking to identify, share and develop research interests.</p>	<p>14.00-16.00 GMT Baddiley Clark Seminar Room, Newcastle University</p>	<p>Follow this link to register.</p> <p>This event is aimed at early and mid-career researchers, including: PhD students, postdocs, research assistants and associates, plus lecturers and senior lecturers inexperienced in grant capture.</p>
NEW Thursday 6 th July	<p>Ask Fuse – 10 year celebration</p> <p>We’ll reflect on what worked and what didn’t work with our practice partners, community members, and academic</p>	<p>10.00-13.00 GMT</p>	<p>Follow this link to register.</p>

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	<p>researchers involved in more than 450 AskFuse enquiries since June 2013.</p> <p>We invite you to bring your practice-based research ideas and use the event as an opportunity have discussions with other participants to develop these ideas further. There will be seed corn funding available for the most translational research project, with further support from Fuse and AskFuse.</p>	<p>Gala Theatre & Cinema, 1 Millennium Place, Durham, DH1 1WA.</p>	
<p>NEW Tuesday 11th July</p>	<p>The role and future skills needs of councils' economic development teams</p> <p>This webinar will be relevant to anyone interested in understanding the role of councils' economic development teams and the key skills they might need in the future.</p>	<p>14.00-16.00 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p>
<p>NEW Thursday 13th July</p>	<p>Improving access to and uptake of innovative medicines</p> <p>This free online event is an opportunity to consider some of the key challenges to access and uptake of innovative medicines in England. We will discuss:</p> <ul style="list-style-type: none"> • the current barriers to improving access to new medicines • how to build on experiences and lessons from the rapid development, approval and rollout of vaccines and treatments as response to the Covid-19 pandemic. 	<p>12.00-13.00 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p> <p>Session goes live Thursday 13 July 12-1pm. Catch up on demand until Monday 14 August, when the event closes.</p>
<p>NEW Wednesday 19th July</p>	<p>The NHS at 75: the past, the present and the future</p> <p>This event, co-hosted by London School of Hygiene and Tropical Medicine (LSHTM) and the Health Foundation, will reflect on how the NHS has evolved over the last 75 years and</p>	<p>17.15-19.30 GMT</p> <p>Online Event</p>	<p>Follow this link to register.</p>

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	look to the big challenges facing the health system in the future.		
NEW Wednesday 19 th July	<p>Health in all deals – putting health at the heart of devolution</p> <p>This webinar, organised by the LGA in partnership with the NISE network, will hear from leaders closely involved in local discussions about how best to ensure health is a core part of local devolution plans. We will discuss how Combined Authorities and Integrated Care Systems are working together for their shared populations, seeking greater autonomy in a range of related areas that can collectively improve prosperity, support population health and address systemic health inequalities.</p>	<p>11.00-12.00 GMT</p> <p>Online Event</p>	Follow this link to register.
NEW Thursday 20 th July	<p>The NIHR Public Health Intervention Responsive Studies Teams (PHIRST) scheme</p> <p>This webinar, delivered by the LGA in partnership with NIHR, will describe the PHIRST scheme and outline how local government teams can put forward initiatives for evaluation.</p>	<p>14.00-15.30 GMT</p> <p>Online Event</p>	Follow this link to register.

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

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All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing
- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities
- healthy eating ^{NEW}

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

NEW: Healthy eating session now added to All Our Health

An eLearning session on healthy eating has now been added to the All Our Health programme. To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Developed by NHS England eLearning for healthcare and the Office for Health Improvement and Disparities, the resource is aimed at the general population and healthcare professionals whose role includes supporting people to achieve a healthy balanced diet.

The session has been developed in response to evidence that most people in the UK do not meet government dietary recommendations. The most recent UK National Diet and Nutrition Survey (NDNS) data shows that population intakes of saturated fat, sugar, and salt are above the government recommendations and, on average, adults eat up to 300 more calories than the daily recommended amount required for a healthy body weight.

As a result, and to help the nation improve their diet, the Healthy Eating session aims to support colleagues in:

- understanding specific activities and interventions that can prevent poor dietary health
- thinking about the resources and services available in their area that can help people meet government dietary recommendations
- being aware of where vitamin supplements are recommended at a population level

The elearning also features helpful tools and resources such as the UK's national food model, the Eatwell Guide and the Healthier Families app.

For more information and to access the resource, please visit the Healthy Eating session within the All Our Health programme.

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All Our Health features sessions on a wide range of public health issues including obesity, mental health and wellbeing, dementia, and alcohol. Each bitesize session helps health and care professionals prevent ill health and promote wellbeing as part of their everyday practice.

Resources on Sustainable Development and Climate Change

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

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FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. Tackling Public Health Issues: Concepts & Evidence - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	3 weeks, 2 hours per week. Available now.

UK Learns is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).