# Remote access/face to face learning opportunities

Ongoing	Behind the Curtain	When: 45	Who/How: The sessions are primarily aimed
Oligoling	<ul> <li>What: Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga!</li> <li>Why: Something we often hear from people who use our services is that 'I haven't used the resource since the training' or 'I would like to do more of it – but I just don't have the time'. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you)</li> </ul>	minutes on the 2 <sup>nd</sup> Thursday of every month. The next session is on <b>Thursday</b> 11 <sup>th</sup> May 2023 @12.30-1.15pm	at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: Click here to join the meeting  •(by) Whom: Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge!  They also offer in-depth training for groups and individuals. More information can be found here: https://ukhsalibrary.koha-ptfs.co.uk/training/ and if you or your team has a specific need, please just get in touch. For more information – and to receive the invite please contact Michael directly
Wednesday 10 May	How do I complete a NIHR PHR funding form: Professor Dorothy Newbury-Birch	13.00-13.45 GMT	Registrations are via <u>Dorothy Newbury-Birch</u>
	Prof Dorothy Newbury-Birch has worked with Local Authority partners for over 12 years. In this session, Dr Andrew Divers and Prof Dorothy Newbury-Birch will discuss how you can link it with local authority practitioners and policy makers using the Health Determinants Research Collaboration with Middlesbrough Council and Redcar & Cleveland Council as an example	Online Event	

NEW	Public Health: Why isn't Government policy more	10.00-11.00	Follow this <u>link</u> to register.
Thursday 11	preventive?	GMT	
May	In this webinar, Professor Paul Cairney, Professor of Politics		
	and Public Policy at University of Stirling describes three	Online Event	
	explanations based on his co-authored work with Emily		
	St.Denny and John Boswell on health improvement (and		
	St.Denny on prevention)		
Tuesday 16	Inequalities and children's mental health services	12.00-13.00	Follow this <u>link</u> to register.
May	An exploration of the inequalities children and young people	GMT	
	face and the impact it has on their mental health		
		Online Event	
	Staffordshire University's Centre for Health and Development		
	(CHAD) and the Faculty of Public Health have collaborated on		
	an annual health and inequalities conference since 2018.		
NEW	Progress on children and young people's mental health	14.00-15.30	Follow this <u>link</u> to register.
Thursday 18	policy in England	GMT	
May			
	Confirmed speakers:	Online Event	
	Professor Prathiba Chitsabesan, National Clinical		
	Director for Children and Young People's Mental		
	Health, NHS England		
	Charlotte Rainer, Coalition Lead, Children and Young		
	People's Mental Health Coalition		
	Kadra Abdinasir, Associate Director for Children and     Associate Director for Children and		
	Young People, Centre for Mental Health		
	Cllr Jasmine Ali, Deputy Leader and Cabinet Member     Collider		
	for Children, Young People, Education and Refugees,		
ALEXA/	Southwark London Borough Council	11 15 12 15	Faller, this limb to preside a
NEW Thursday	The benefits of being a Disability Confident employer	11.15-12.15 GMT	Follow this <u>link</u> to register.
Thursday 18 <sup>th</sup> May	This webinar will focus on the positive impacts of the Disability Confident Scheme for local government	GIVII	
TO IVIDY	organisations, featuring speakers from the Department for	Online Event	
	Work and Pensions and local authorities that have progressed	Online Event	
	through the scheme and are enjoying the benefits it brings.		
	unrough the scheme and are enjoying the benefits it brings.		

NEW	Supporting a great school food culture	14.30-16.00	Follow this <u>link</u> to register.
Tuesday 23	The webinar will set out why councils' public health,	GMT	
May	education, finance and food safety teams should take a		
	system-based, holistic approach to embed a cycle of continual	Online Event	
	school food improvement.		
	Confirmed speakers:		
	<ul> <li>Gillian Boundy, Policy Officer for School Food, Southwark Council</li> </ul>		
	Mark Heffernan, Policy and Influencing Manager,		
	Impact on Urban Health		
	Head of Catering, North West Council		
	Myles Bremner, Former Director, School Food Plan		
	and Chief Executive, Bremner and Co (chair)		
	and effici Exceutive, Bremmer and co (chair)		
NEW	Embracing innovation and meeting the productivity	12.00-13.00	Follow this <u>link</u> to register.
Tuesday 23	challenge	GMT	
May	Against the backdrop of unprecedented pressure on the NHS,		
	there is an opportunity for innovation to support productivity	Online Event	
	and the health and care workforce. Coinciding with a		
	challenging economic landscape and high levels of inflation,		
	the health service must find solutions to increasing its		
	productivity in a way that supports an already stretched		
NA/ a alsa a a alas s	workforce.	12.00.12.45	Decistrations are via Deceate. Nevel via Direct
Wednesday 24 May	How do I engage with Local Authority practitioners?	13.00-13.45 GMT	Registrations are via <u>Dorothy Newbury-Birch</u>
Z4 IVIdy	Prof Dorothy Newbury-Birch has worked with Local Authority	GIVII	
	partners for over 12 years. In this session, Dr Andrew Divers	Online Event	
	and Prof Dorothy Newbury-Birch will discuss how you can link	Offinic Everit	
	it with local authority practitioners and policy makers using		
	the Health Determinants Research Collaboration with		
	Middlesbrough Council and Redcar & Cleveland Council as an		
	example		
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NEW Wednesday 7 June	Improving workplace health in your locality  The Society of Occupational Health Medicine is running a free	13.00-15.00 GMT	Follow this <u>link</u> to register.
	virtual webinar, joint with FPH aimed at public health professionals to discuss how to tackle the issue of workplace health locally.	Online Event	
NEW Thursday 8 June	Keeping people out of hospital: the potential of diagnostic testing in innovating patient pathways	12.00-13.00 GMT	Follow this <u>link</u> to register.
	In the context of the complex challenges across the health and care landscape, including significant workforce shortages and limited clinical capacity, this free online event will consider the role of diagnostics in supporting those working in the system and keeping people out of hospital.	Online Event	
NEW	Holistic care for people experiencing homelessness in	09.30-13.00	Draft programme and registration available soon.
Tuesday 13 June	Northumberland and North Tyneside	GMT	Who should attend?
	This workshop will bring people together to co-produce	The Community	This event is for people working in health, social care
	solutions to improve holistic health and social care for people	Hub at	and voluntary sectors, particularly supporting people
	experiencing homelessness in coastal and rural regions of Northumberland and North Tyneside.	Cramlington, Manor Walks	experiencing homelessness in Northumberland and North Tyneside (whether in commissioning or system-
	This project is a collaboration between Fuse, NIHR Applied	Shopping Centre,	level roles) and people with lived experience. People
	Research Collaboration North East and North Cumbria, Newcastle University, Northumbria Healthcare NHS	Cramlington, NE23 6YB	with regional roles are also very welcome. Local authority practitioners, health and care staff,
	Foundation Trust, North Tyneside Council, Northumberland	NEZS OTB	community and voluntary sector staff, volunteers,
	County Council, Changing Lives, and Northumberland Citizens		people with lived experience and members of the
	Advice.		public are encouraged to attend.
	Speaker details		
	<ul> <li>What is the current situation and context? – TBC</li> </ul>		

	<ul> <li>Lived experience perspective – TBC</li> <li>Sheena Ramsay (Professor of Public Health, Newcastle University and Fuse Senior Investigator)</li> <li>Steven Thirkle (Research Associate, Newcastle University and Fuse Associate)</li> </ul>		
Friday 16 June	Integrated community care to promote healthy ageing Co-hosted by North of England Commissioning Support (NECS), Fuse (the Centre for Translational Research in Public Health), and the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC)  A full day to hear from current researchers and practitioners on the outcomes from research, up and coming work and local priorities around healthy ageing and integration of services across the North East and North Cumbria. In addition, there will be interactive sessions to co-produce key research and evaluation questions for future work.	10.00-15.30 GMT Room 2.16, Dame Margaret Barbour Building, Newcastle University	Programme and registration for the event will follow soon.  Who should attend?  This is an inclusive event and anyone with an interest in integrated community care and healthy ageing is encouraged to attend, including academics, researchers, practitioners, voluntary sectors and members of the public.
Tuesday 20 June	Fuse Research Event: Creative engagement, impact, and dissemination in research with children, young people, and families  Engagement, dissemination and impact are at the heart of everything we aim to do in Fuse as a Centre for Translational Research. Various different methods and tools are being used and explored across Fuse to achieve these aims, including creative participatory methods to engage with children, young people and families, and the use of podcasts, infographics, animation, theatre, poetry and everything in between.	13.15-16.00 GMT Ground Floor, The Core, Bath Lane, Newcastle Upon Tyne, NE4 5TF	Who should attend? This is an inclusive event which hopes to bring together a diverse range of people with an interest in engagement, impact and dissemination. Academics, researchers, local authority practitioners, health and care staff, community and voluntary sector staff, volunteers and members of the public are encouraged to attend.
Tuesday 20 June	Understanding the political causes of health inequalities	12.00-13.00 GMT Online Event	Follow this <u>link</u> to register.

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	Expert discussion presenting an overview of political causes of health inequalities in Scotland, the UK and beyond.		
NEW	Staffordshire University's Centre for Health and Development (CHAD) and the Faculty of Public Health have collaborated on an annual health and inequalities conference since 2018. For this academic year we are hosting a series of bimonthly webinars around health and social inequalities.  Making Every Contact Count: How do you reach 3 million	09.00-16.30	Programme and registration for the event will follow
Wednesday	people?	GMT	soon.
21 June	In collaboration with Northumbria University, Durham University colleagues with support from the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC)  ABOUT THE EVENT This free event will provide an opportunity to critically explore Making Every Contact Count (MECC) through interactive sessions delivered by researchers and professionals showcasing current work from the North East and North Cumbria, recommendations and scoping priority areas for further development. During the full day event lunch and refreshments will be provided with a capacity of 150 places available.	Teaching and Learning Centre at Durham University, DH1 3LS	For further information please contact MECCRegional@northumbria-healthcare.nhs.uk or visit www.meccgateway.co.uk/nenc.
	KEYNOTE SPEAKERS  Speakers will be announced shortly. Example workshops will include:  • Mapping MECC Implementation across the North East		
	<ul> <li>and Cumbria</li> <li>Optimising MECC in Voluntary and Community         Settings     </li> <li>Understanding the Implementation of MECC delivered         by healthcare professionals in a mental health setting     </li> </ul>		

	<ul> <li>Could MECC be used to support financial wellbeing?</li> <li>Embedding MECC within an education setting</li> <li>How can we use MECC with our green and blue spaces?</li> </ul>		
NEW	NIHR Northern Social Care Conference: Shining a spotlight on	13.00-15.00	Follow this link to register.
Thursday 21 June	social care research  This event has been developed by the four NIHR Local Clinical Research Networks (LCRNs) in the North of England, and is supported by the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC).	GMT Online Event	The conference is primarily aimed at staff who work within or are interested in social care for adults, children and young people.  A full agenda will be published shortly.
NEW Tuesday 27 June	North East and North Cumbria Peer Research Community of Practice Launch  Following a successful Peer Research event in January, jointly hosted by NIHR ARC NENC and Fuse, we are inviting you to the online launch event of the North East and North Cumbria Peer Research Community of Practice (CoP).	13.00-15.00 GMT Online Event	Follow this link to register.  This event is aimed at: Researchers, PhD/Masters students, Peer Researchers, VCSE and public contributors with an interest in Peer Research.

#### Advanced Local Authority Fellowship (ALAF) Scheme

This new scheme is a fully funded Fellowship for Local Authority colleagues who already have a PhD or equivalent – it buys out their salary and all other expenses to undertake post-doctoral research.

It's also open to:

- providers of local authority commissioned service or a non-profit organisation (such as a charity) that provides services on behalf of a local authority, or
- an organisation that otherwise supports a local authority in meeting its objectives.

Advanced Local Authority Fellowship (ALAF) Scheme. See link.

Closing date this year is 24<sup>th</sup> May 2023.

This now completes the suite of Fellowships, from short placement through to Post-Doctoral – see <u>link</u>.

## e-learning for healthcare (e-LfH)

<u>e-LfH</u> is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to <u>public health</u>. For example, the Population Health Management Programme includes:

Introduction to Population Health Management — what it is, why it's important and what you need to get started

Assessing Needs - this session describes the main stages in the process to assess needs of a population

A Practical Introduction to Population Segmentation - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

Risk Stratification - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

Introduction to Population Health Surveillance - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

Public Health Ethics has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

Health Equity Assessment Tool (HEAT) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

## **Population Wellbeing Portal**

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a Population Wellbeing Portal within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

## **Highlights:**

- <u>Public Health Professionals</u> which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- <u>Health Inequalities</u> to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

### All our Health e-learning

Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing

- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities

To access the e-learning sessions visit: <a href="www.e-lfh.org.uk/programmes/all-our-health/">www.e-lfh.org.uk/programmes/all-our-health/</a>.

**Resources on Sustainable Development and Climate Change** 

These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 "knowledge" resources:

<u>K1 Principles of sustainable development</u>
<u>K5 Health benefits of action on climate change</u>

<u>K2 Sustainable economy</u> <u>K6 Natural capital and ecosystem services</u>

<u>K3 Climate change – overview</u> <u>K7 Sustainable food systems</u>

<u>K4 Health impacts of climate change</u>

<u>K8 Population stabilisation</u>

and 3 "action" resources:

A1 Reducing greenhouse gas emissions (mitigation)

A5 Health and nature

A8 Adaptation to climate change and health

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF "CPD Model Answers".

https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email <a href="mailto:sdsig@fph.org.uk">sdsig@fph.org.uk</a>

#### FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <a href="https://www.futurelearn.com/">https://www.futurelearn.com/</a> e-mail alerts can be set up to be notified of start dates and new courses. Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option. Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A	Learn about the important public health messages of how to maintain good musculoskeletal health	3 weeks, 2 hours
Public Health Approach	(MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and	per week.
	those who want to improve their own health can all learn from this course	Available now.
	Musculoskeletal Health - Public Health Course - FutureLearn	
An Introduction to Leading	Develop your understanding of how to lead with compassion and kindness within the health and	3 weeks, 2 hours
with Kindness and	social care sectors.	per week.
Compassion in Health and	Loading with Kindness and Compassion Health & Social Care Course Futural care	Available now.
Social Care	<u>Leading with Kindness and Compassion - Health &amp; Social Care Course - FutureLearn</u>	
Tackling public health issues:	This course from the University of Liverpool will introduce key themes in public health, including	4 weeks, 2 hours
concepts and evidence	social determinants and ethical considerations, as well as public health promotion models. On	per week.
	completing the course, you'll have a holistic understanding of the aims and challenges associated	Available now.
	with promoting public health. <u>Tackling Public Health Issues: Concepts &amp; Evidence - Online Course -</u>	
	<u>FutureLearn</u>	
Overcoming Imposter	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For	3 weeks, 2 hours
Syndrome: Identify the	New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their	per week.
Patterns Undermining Your	workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	Available now.
Confidence		

**UK Learns** is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more <u>here</u>.