


Remote access/face to face learning opportunities

<p>Ongoing</p>	<p>Behind the Curtain</p> <ul style="list-style-type: none"> • What: Behind the Curtain are informal introductory/refresher sessions focusing on different aspects of evidence searching – each will highlight a specific resource or skill. The December session is focused on improving use of Pubmed. These are intended to be relaxed sessions you can bring your lunch, have a brew, or do some yoga! • Why: Something we often hear from people who use our services is that ‘I haven’t used the resource since the training’ or ‘I would like to do more of it – but I just don’t have the time’. We have designed these sessions to be steps towards where you want to be, to introduce or reacquaint you with these skills and resources (though the Knowledge and Library Service will always be here to help you) 	<p>When: 45 minutes on the 2nd Thursday of every month. The next session is on Thursday 9 March 2023 @12.30-1.15pm</p>	<ul style="list-style-type: none"> • Who/How: The sessions are primarily aimed at UKHSA and OHID staff based in the North-East. But they are open to anyone including Local Authority Public Health, NHS or the wider health and social care community based in NE or even beyond! However, resources may differ in look/offer to non UKHSA staff. The link is here: Click here to join the meeting •(by) Whom: Michael and Rachel are qualified, experienced information professionals who use these skills and resources daily and just love to share their knowledge! <p>They also offer in-depth training for groups and individuals. Please see below for more training and information.</p>
<p>NEW 1 March 2023</p>	<p>Insight to Action: Workshop A – Thinking in systems and supporting populations</p> <p>A structured, collaborative and task focused action learning programme with an emphasis on helping a shift towards thinking as a wider system. This open access programme will help develop the leadership and relational skills required to turn population insights into action and how you can improve your collective decision making for the health and wellbeing of your population.</p>	<p>Online Event 10.00-13.00 GMT</p>	<p>Follow this link to register.</p> <p><i>*Please note:</i> priority on NHS North East & Yorkshire Leadership Academy training is given to NHS partner colleagues. However, if workshops or courses aren’t full, places will open up to all</p>
<p>NEW 7 March 2023</p>	<p>Special Guest Research Seminar on Child and Adolescent Health <i>Co-hosted by Fuse, the Centre for Translational Research in Public Health; the NIHR Applied Research Collaboration (ARC)</i></p>	<p>Event Space 2.16 Dame Margaret Barbour</p>	<p>Follow this link to register.</p>

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	<p><i>North East and North Cumbria (NENC); and the Public Health and Health Inequalities theme at Newcastle University</i></p> <p>Dr Polly Waite, University of Oxford <i>Understanding and treating panic disorder in adolescence (20 mins presentation, 10 mins Q&A)</i></p> <p>Professor Raghu Lingham, University of New South Wales <i>Integrating clinical care in child health (20 min presentation, 10 mins Q&A)</i></p>	<p>Building, Newcastle University</p> <p>13.00-14.00 GMT</p>	 <p>Polly Waite and Raghu Lingham.pdf</p>
<p>NEW 8 March 2023</p>	<p>Celebrating women #EmbracingEquity in the North East – International Women’s Day 2023</p> <p>Joint Research Event with the NIHR Applied Research Collaboration (ARC) North East and North Cumbria (NENC), Fuse – the Centre for Translational Research in Public Health, Changing Futures Northumbria and REFORM</p> <p>Join us to discuss the health and social care inequalities of women in the region</p>	<p>Recovery College Collective (ReCoCo), No 1 Carliol Square, Newcastle upon Tyne, NE1 6UF</p> <p>10.15-13.30 GMT</p>	<p>Follow this link to register.</p>
<p>NEW 8 March 2023</p>	<p>Webinar: Multidisciplinary teams – learning from research and practice</p> <p>Multi-disciplinary teams (MDTs) are central to achieving the vision of Integrated Care Systems (ICSs). They can provide an opportunity for professionals from across health and social care to come together around the needs of individuals and communities. To work well, though, an MDT needs to be well planned, facilitated and supported. This webinar shares findings and practical insights on what leads to a successful MDT, from research and the experience of local areas who have sought to be innovative in their approach.</p>	<p>Online Event</p> <p>11.30-13.30 GMT</p>	<p>Follow this link to register.</p>

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	The event is a collaboration between the Social Care Institute for Excellence, the Improvement Analytics Unit (a partnership between NHS England and the Health Foundation), and the University of Birmingham.		
NEW 9 March 2023	<p>Integration of care for people with multimorbidity: Innovations in person-centred care – joint theme meeting</p> <p>An ARC NENC Integration Theme and Multimorbidity, Ageing and Frailty Theme Joint Event</p> <p>This in-person event will give you the opportunity to hear more about the work taking place in both themes, consider potential future collaborations between themes and we also have a useful session on rapid evaluation methodology and how to apply this to your work.</p>	<p>Teesside University, Darlington Campus</p> <p>CEPD Building (Top Floor), John Dixon Lane, DL1 1HG</p> <p>09.30-14.25</p> <p>GMT</p>	Follow this link to register.
NEW 13 March 2023	<p>Adult social care assurance: preparing for the return of regulation ahead of ‘go live’ on 1 April 2023</p> <p>Join this webinar to get the very latest on this important policy and to discuss the challenges and opportunities in creating a new assurance regime that aims to drive continuous improvement in adult social care, so that people who draw on care and support are best able to live the lives they want to lead.</p>	<p>Online Event</p> <p>13.30-15.30</p> <p>GMT</p>	Follow this link to register.
NEW 14 March 2023	<p>LGA Behavioural Insights programme: tackling post pandemic challenges and the cost-of-living</p> <p>The Local Government Association is hosting a webinar about how we can use behavioural change techniques in our council</p>	<p>Online Event</p> <p>11.15-13.00</p> <p>GMT</p>	Follow this link to register.

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	<p>services to work with communities and change their behaviour. The event will feature councils that have used behavioural change techniques to tackle their key challenges. Themes include how councils are changing behaviours relating to the cost-of-living, for example through supporting residents to reduce their energy consumption and increase take-up of home retrofitting measures. Councils will also share how they are using behaviour change techniques to support young people to access tools to improve their mental health.</p>		
<p>NEW 15 March 2023</p>	<p>Insight into Action: Workshop B – Improving decision making and critical thinking</p> <p>A structured, collaborative and task focused action learning programme with an emphasis on helping a shift towards thinking as a wider system.</p> <p>This open access programme will help develop the leadership and relational skills required to turn population insights into action and how you can improve your collective decision making for the health and wellbeing of your population.</p>	<p>Online Event</p> <p>10.00- 13.00 GMT</p>	<p>Follow this link to register.</p> <p>*Please note: priority on NHS North East & Yorkshire Leadership Academy training is given to NHS partner colleagues. However, if workshops or courses aren't full, places will open up to all</p>
<p>NEW 21 March – 23 March 2023</p>	<p>Annual Public Health Conference</p> <p>This key annual public health conference will offer delegates the opportunity to hear from leading expert speakers on the very latest thinking in national public health policy issues, as well as gaining insights from those delivering on the ground. It will again provide a much-needed opportunity for the public health community to come together, share learning, take stock and plan for the future.</p> <p>Over three half-day virtual sessions, delegates will be able to put their questions and comments to a stellar line up of speakers and will have the opportunity to participate in</p>	<p>Online Event</p> <p>9.30-13.00 GMT</p>	<p>Follow this link to register.</p>

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	<p>sessions sharing good practice from local areas and to discuss issues that matter to them.</p> <p>This conference is being run by the LGA in partnership with the Association of Directors and Public Health (ADPH) and the Faculty of Public Health (FPH).</p>		
<p>NEW 27 March 2023</p>	<p>ASH Smokefree NHS Network Launch</p> <p>See what progress has been made on implementation in England from Professor Sanjay Agrawal, National Specialty Advisor for Tobacco Dependency at NHSE, how our national partners are supporting your work in making change happen, a case study on the power of networks to catalyze change, and you'll have the opportunity to connect with other members for the first time by swapping your skills.</p>	<p>Online Event</p> <p>12.30-14.00 GMT</p>	<p>Follow this link to register.</p>
<p>NEW 29 March 2023</p>	<p>Insight into Action: Workshop C – Leading in systems and enabling collaboration</p> <p>A structured, collaborative and task focused action learning programme with an emphasis on helping a shift towards thinking as a wider system.</p> <p>This open access programme will help develop the leadership and relational skills required to turn population insights into action and how you can improve your collective decision making for the health and wellbeing of your population.</p>	<p>Online Event</p> <p>10.00-13.00 GMT</p>	<p>Follow this link to register.</p> <p><i>*Please note: priority on NHS North East & Yorkshire Leadership Academy training is given to NHS partner colleagues. However, if workshops or courses aren't full, places will open up to all.</i></p>

UKHSA Knowledge & Library Service Training – March 2023

For Local Authority Staff:

[Sarah Catton](#), Knowledge & Evidence Specialists for LAPH teams (NE/Y&H) offers a wide range of training for Local Authority teams in the North East including Introduction to the Library Service, Finding the Evidence (Literature Searching), Critical Appraisal and more!

Please contact [Sarah Catton](#) directly for more information.

For OHID, UKHSA & NHS E/I Staff:

UKHSA Knowledge & Library provides a wide range of information skills training for OHID, UKHSA & some NHS staff. This month we are offering the following sessions:

- 2nd March @ 10:00 am - 12:30 pm - **An Introduction to Critical Appraisal: Systematic Reviews:** Follow this [link](#) to register.
- 7th March @ 2:00 pm - 4:00 pm - **Searching for Grey Literature:** Follow this [link](#) to register.
- 15th March @ 2:00 pm - 3:00 pm - **KLS Induction (Including Access to Resources):** Follow this [link](#) to register.
- 20th March @ 2:00 pm - 3:30 pm - **EndNote: An Introduction:** Follow this [link](#) to register.
- 21st March @ 10:30 am - 2:00 pm - **Critical Appraisal Skills Programme: Making Sense of Results:** Follow this [link](#) to register.
- 22nd March @ 1:00-3:00pm - **Searching for public health evidence** – Please contact [Sarah Catton](#) for further information (please note this will have CYP theme)

We are also more than happy to provide bespoke training if you or your team(s) have an information need. Please just get in touch for a conversation directly with [James Robinson](#) & [Michael Cook](#), Knowledge & Evidence Specialists (North)

e-learning for healthcare (e-LfH)

[e-LfH](#) is an award winning programme offering e-learning to support the health and care workforce, with hundreds of learning opportunities, including many related to [public health](#). For example, the Population Health Management Programme includes:

[Introduction to Population Health Management](#) – what it is, why it's important and what you need to get started

[Assessing Needs](#) - this session describes the main stages in the process to assess needs of a population

[A Practical Introduction to Population Segmentation](#) - a practical step by step run through of the methods needed to undertake population segmentation as part of a population health management approach, with signposting to complementary resources, examples and user stories

[Risk Stratification](#) - a practical run through of the methods needed to undertake risk stratification as part of a population health management approach

[Introduction to Population Health Surveillance](#) - this session describes the concept of population health surveillance and how it can be used to identify and monitor threats to the health of the population, so that actions can be taken.

[Public Health Ethics](#) has been added to e-LfH, including an introduction, basic theoretical underpinnings, frameworks and case studies

[Health Equity Assessment Tool \(HEAT\)](#) e-learning goes step by step through this tool to systematically identify and address health inequalities and equity in work programmes or services

Population Wellbeing Portal

Health Education England (HEE) worked with Public Health England (PHE), the Academy for Public Health for London and Kent, Surrey and Sussex and the Faculty of Public Health to develop a [Population Wellbeing Portal](#) within e-LfH.

The portal offers free e-learning resources, training and education in population health, wellbeing and prevention. It provides a central location for free training and education resources relating to the health and wellbeing of the public including links to e-learning, toolkits, videos, webinars and various publications. Whatever your involvement with the public, these resources will support you in expanding your knowledge and skills to enable you to influence the health of the population.

Highlights:

- [Public Health Professionals](#) which includes learning on Literature Searching, Public Health Intelligence and Health Economics and Prioritisation in Public Health
- [Health Inequalities](#) - to learn about health inequalities, the effect of these on the quality and length of life of our populations and how sectors and communities can work together to tackle these

All our Health e-learning

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Interactive All Our Health e-learning sessions are available through e-LfH to increase the knowledge, confidence and skills of all health and care professionals in embedding prevention in their day-to-day practice.

There are now **30** e-learning sessions available for the following topics:

- inclusion health
- cardiovascular disease prevention
- adult obesity
- antimicrobial resistance
- physical activity
- social prescribing
- giving children the best start in life
- homelessness
- childhood obesity
- workplace health
- child oral health
- alcohol
- speech, language and communication
- climate change
- vulnerabilities and Trauma-informed practice
- mental health & wellbeing
- misuse of illicit drugs and medicines
- NHS health check
- smoking and tobacco
- sexual and reproductive health and HIV
- early adolescence
- air pollution
- dementia
- falls and fractures
- immunisation
- musculoskeletal health
- population screening
- county lines exploitation
- healthy ageing
- health disparities and health inequalities

To access the e-learning sessions visit: www.e-lfh.org.uk/programmes/all-our-health/.

Resources on Sustainable Development and Climate Change

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These resources have been created by members of the Faculty of Public Health Sustainable Development Special Interest Group (FPH SD SIG). They aim to support **specialty registrars** and their **educational supervisors** in meeting Faculty of Public Health learning outcomes. They also offer information for all **consultants** and **practitioners** in public health on sustainable development and climate change.

Each resource is a two-page introductory summary of a major topic in sustainable development, with references and signposts to more detailed information, explaining the relationships between the work of public health practitioners, the causes and effects of climate change, and health.

Eleven resources are currently uploaded – 8 “knowledge” resources:

[K1 Principles of sustainable development](#)

[K2 Sustainable economy](#)

[K3 Climate change – overview](#)

[K4 Health impacts of climate change](#)

[K5 Health benefits of action on climate change](#)

[K6 Natural capital and ecosystem services](#)

[K7 Sustainable food systems](#)

[K8 Population stabilisation](#)

and 3 “action” resources:

[A1 Reducing greenhouse gas emissions \(mitigation\)](#)

[A5 Health and nature](#)

[A8 Adaptation to climate change and health](#)

CPD questions are included at the end of each resource. Where appropriate, answers can be found in the PDF “CPD Model Answers”.

<https://www.fph.org.uk/policy-campaigns/special-interest-groups/special-interest-groups-list/sustainable-development-special-interest-group/resources-on-sustainable-development-and-climate-change/>

They will be updated periodically by the FPH SD SIG. Comments and suggestions for improvement are welcomed at any time. If you have any comments or suggestions for improvement, please email sdsig@fph.org.uk

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FutureLearn

FutureLearn offers time-limited access to free online courses from leading universities and specialist organisations, with groups of learners taking part together (but at a time to suit themselves). To view available courses, see: <https://www.futurelearn.com/> e-mail alerts can be set up to be notified of start dates and new courses. **Every run of a course has a set start date but you can join it and work through it after it starts. Please look for the free option.**

Examples of courses on offer:

Subject	Description	Duration
Musculoskeletal Health: A Public Health Approach	Learn about the important public health messages of how to maintain good musculoskeletal health (MSK) – health professionals, policy makers, clinicians, academics, third sector organisations, and those who want to improve their own health can all learn from this course Musculoskeletal Health - Public Health Course - FutureLearn	3 weeks, 2 hours per week. Available now.
An Introduction to Leading with Kindness and Compassion in Health and Social Care	Develop your understanding of how to lead with compassion and kindness within the health and social care sectors. Leading with Kindness and Compassion - Health & Social Care Course - FutureLearn	3 weeks, 2 hours per week. Available now.
Tackling public health issues: concepts and evidence	This course from the University of Liverpool will introduce key themes in public health, including social determinants and ethical considerations, as well as public health promotion models. On completing the course, you'll have a holistic understanding of the aims and challenges associated with promoting public health. Tackling Public Health Issues: Concepts & Evidence - Online Course - FutureLearn	4 weeks, 2 hours per week. Available now.
Overcoming Imposter Syndrome: Identify the Patterns Undermining Your Confidence	Explore what Imposter Syndrome is, what causes it, and strategies you can use to overcome it. For New leaders, aspiring leaders, and anyone who struggles with feelings of inadequacy in their workplace. Overcoming Imposter Syndrome - Free Online Course - FutureLearn	3 weeks, 2 hours per week. Available now.

UK Learns is an online portal offering UK workers access to free online courses to kick-start or develop their careers.

It offers hundreds of courses from various partners, including OpenLearn, FutureLearn, the School of Marketing and the National Extension College. Courses include negotiation and influencing; giving effective presentations; resilience and communication skills. Discover more [here](#).