**NHS Health Check Template Checklist**

**Purpose:**

* To promote adherence to Programme Standards: Ensure that the audit aligns with the established programme standards, covering areas such as risk assessment, data recording, and quality assurance.
* Reduction of Variation: Assess whether the pilot audit contributes to reducing variation in health check delivery across providers.
* Quality Assessment: Evaluate the quality of local NHS Health Check delivery against the OHID former PHE NHS Health Check Programme Standards -[*NHS Health Check programme standards - July 2020*](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.healthcheck.nhs.uk%2Fcommissioners-and-providers%2Fdelivery%2Fquality-improvement%2F&data=05%7C02%7CKumba.Doherty%40bromley.gov.uk%7C6c33750c86ce4fdbce6208dc4e598358%7C8cc3d50b245a4639bab48b879ac9838c%7C0%7C0%7C638471393573009108%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=Hm9MFzzNzWJnoA60pt4EkSmsXWx4mPUvGhA3SWoy5%2B8%3D&reserved=0)

**Minimum data as outlined in the Local Authorities Regulations 2013 – Regulation 5**

([The Local Authorities (Public Health Functions and Entry to Premises by Local Healthwatch Representatives) Regulations 2013 (legislation.gov.uk)](https://www.legislation.gov.uk/uksi/2013/351/regulation/5/made)

* Age
* Gender
* Smoking status
* Family history of coronary heart disease in any parent or sibling (1st degree relative) when they were aged under sixty years
* Ethnicity
* Body Mass Index
* Cholesterol level
* Blood pressure
* Physical activity levels
* Dementia awareness (every person aged from 65-74)
* Cardiovascular risk score
* Audit (risk associated with alcohol consumption) score.
* Communication of the results to the individual as soon as reasonably practicable (BMI, Cholesterol level, Blood Pressure, Cardiovascular risk score and Audit score)

If any of the above are missing in current NHS Health Check provision, see suggested actions:

* Review current template against regulation 5 referred to above (colleagues can share bespoke templates if others will find that helpful)
* Review NHS Health Check Service Specification.
* Consider developing data reporting tools or review existing ones to include the mandatory components of the check.
* Review Data Sharing Agreement with Providers.
* Access support from colleagues in the Network