



Public Health
England



Future Drivers of the Health of Londoners Horizon Scanning Game

Facilitator Briefing



London as a city is changing

Horizon scanning for developing patterns of change and identifying potential disruptors is more important than ever before.

There are real opportunities to improve population health and narrow health inequalities arising from changes in London. New technologies; public sector transformation; and active communities supported by place based approaches all have the potential to play a role. There are also risks to be mitigated. Responding positively will, however, be challenging when there are immediate pressures arising from increasing demands on services, budget reductions, changing populations and communities, and a rapid pace of technological change.

The *Future Drivers of the Health of Londoners* project was co-produced by Public Health England (PHE) London and the Association of Directors of Public Health (ADPH) London. It has been designed to support local public health teams to engage with other departments to explore these drivers of health, in order to understand what they may mean locally.

This game has been developed to support these conversations. It could be used as part of a team meeting, during strategic planning sessions, or as a way to engage partners in a discussion about a health in all policies approach to meeting future public health challenges.





Planning for the session

It is hoped that teams are able to apply this learning to current challenges and strategic planning, where looking ahead and understanding future drivers will be crucial. To get the most from this conversation, a facilitator from within the group is required. This pack supplements the instruction pack to provide facilitators with all the information you will need in order to guide groups of users through this conversation.

To get the most from the session, the following are suggested:

- ✓ At least 30 minutes available
- ✓ A quiet environment
- ✓ A group of people ranging in size from c. 5-15
- ✓ Horizon scanning game instruction pack
- ✓ Six packs of horizon scanning cards
- ✓ Whiteboard/flipchart/notebook
- ✓ Something to keep the conversation time



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Inviting colleagues to engage

It is important to consider who will be most useful to have in the room for this discussion. Some suggestions have been; Head of Transport, Director of Adult Social Services, Chief Fire Officer, emergency services, housing and environment departments, local business, tech firms, voluntary sector, health and wellbeing boards, Sustainable Transformation Partnerships (STP).

Example email:

Dear Colleagues,

We would like to invite you to join a horizon scanning session in which we will use the learning from the Future Drivers of the Health of Londoners project to consider the implications for our own residents and strategic planning.

We are hoping as part of this to bring together a range of influential partners within and beyond the health sphere to consider the potential impacts as part of a health in all policies approach.

The session details are as follows:



Step 1: Establish your scenario

If you only have 30 minutes available, you will need to spend no more than 10 minutes setting the scene and establishing your scenario.

- 1. Welcome and Introductions:** once you have welcomed the group to the session and given an overview of the purpose of the session, it will be helpful to ask for the group to introduce themselves to others in the room (full name and job role).
- 2. Understanding the task:** it will be helpful to ask the group to read the instruction pack while you set up the whiteboard or flipchart paper, ready to take notes throughout the session.
- 3. Select one card from each pile:** when the group have read through the pack, ask them to select one card from each of the six piles and lay the six cards out in the middle of the group. The group may wish to go through all of the cards and choose one or they may wish to choose one at random.
- 4. Select the three most interesting/relevant cards:** ask the group to select three cards that they think will be of most relevance for them to consider for their local area over the next five years. **These three cards will become your scenario to discuss.**
- 5.** Write out the full scenario on the whiteboard or flipchart paper and begin the discussion.



Step 2: Leading the discussion

In the instructions pack, there is a page of questions which is the most important page for you as a facilitator. Your role is to guide the group through part A and part B, ensuring that they answer all of the questions in the allocated time. Throughout the session you may wish to make notes on flipchart paper or a whiteboard. This will draw out key points and help with the group reflection at the end of the session.

Main discussion;

1. Ask the group to discuss part A [**10 minutes**].
2. Ask the group to answer part B [**10 minutes**].
3. Reflect back to the group what they have discussed and identified throughout the discussion and ask the group to consider:
 - what is the most important thing the group need to do differently as a result of this conversation?
 - what each individual will to do differently as a result of this conversation?



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Step 3: Summary and next steps

Once you have provided a summary of the conversation and drawn out the key points for consideration, participants may wish to set a date to review progress or engage with new stakeholders in future conversations. You may wish to set this future date for the next session whilst you have everyone in the room.

Share your experience - There is opportunity for the group to share their experience via the [Knowledge Hub](#) where there will be a network of users across London having similar conversations, from which you may gain ideas for future planning.

Feedback to the project team – To support with future work, your feedback as the facilitator will be invaluable. To provide this, please complete the following survey: [click here](#).